VastuScan

PRINTABLE CHECKLIST

Vastu checklist: your child's study corner

Use this when your child's study corner needs checking, or before you change anything. The desk facing and the children's bedroom zone decide what to fix first.

- [ ] **1. Desk facing**
  The child should face east or north while studying. East is the direction the rules connect with academic focus.
- [ ] **2. South-facing desk**
  Facing south is not recommended. Vastu associates it with obstacles and stress, so turn the desk.
- [ ] **3. West-facing desk**
  Facing west is not recommended for long stretches of work; it is associated with diminishing returns.
- [ ] **4. Wall behind the child**
  There should be a solid wall at the back. Check your child is not sitting with the back to a door or window.
- [ ] **5. Beam over the desk**
  Look up. The desk should not sit directly under a beam; shift it clear.
- [ ] **6. Daylight at the desk**
  Some natural light from the east should reach the desk. A corner lit only by artificial light is not what the rules ask for.
- [ ] **7. Clutter on the desk**
  Clear the work surface. The rules put it plainly: clutter on the desk is mental clutter.
- [ ] **8. Children's bedroom zone**
  Take the room's bearing from the centre of the home with a phone compass. West, north-west and north are recommended; south-west and south-east are discouraged.
- [ ] **9. Bed head direction**
  East or south is the recommended head direction for the child's bed in this room.
- [ ] **10. Books, dustbin and bottle**
  Books on a west or south-west shelf, dustbin in the south or south-west of the room, water bottle in the north-east of the desk.
- [ ] **11. Eating at the desk**
  Keep food off the study desk; eating there mixes rest and nourishment with work energy.

Grades follow VastuScan's published Vastu rules. Vastu is traditional guidance; use it alongside a proper inspection.