VastuScan

PRINTABLE CHECKLIST

Clearing negative energy: what to check first

Use this when a home feels heavy, or something has been going wrong for months. Clear the visible things first, then check the placements our rules call Critical defects.

- [ ] **1. Centre of the home kept clear**
  The Brahmasthan should be open, clutter-free and well-lit; move furniture and stored boxes out of it.
- [ ] **2. Entrance well lit**
  Keep the entrance area well-lit at all times; a dark entrance is traditionally said to attract negative energy.
- [ ] **3. No junk near the door**
  Broken items, defunct equipment and junk near the entrance are to be avoided; remove or repair them.
- [ ] **4. Creaking door oiled**
  A creaking door is believed to invite negativity; oil or repair it at once.
- [ ] **5. Main door in good repair**
  Fix cracks, dents and peeling paint; the door should be the largest in the house and no shorter than standard.
- [ ] **6. Nothing overhead above the door**
  Overhead storage or heavy items above the main door are to be avoided.
- [ ] **7. Mirror not facing the entrance**
  A mirror directly facing the main entrance is to be avoided; move it if it does.
- [ ] **8. Entrance clear of the wrong things**
  No shoe rack in front of the door (beside is fine), no dustbin visible, no cactus or thorny plants, no fountain in front.
- [ ] **9. Dustbins covered and emptied**
  Open waste bins spread negative energy; keep every bin lidded and dispose of waste regularly.
- [ ] **10. Bin placement checked**
  Kitchen bin in the south-west corner of the kitchen; bathroom bin near the toilet, not by the sink or shower.
- [ ] **11. Brooms and cleaning supplies stored**
  Store in the west or north-west, in a closed cabinet, never visible from the main entrance, never leaning in a living room or bedroom.
- [ ] **12. Critical placements marked on the plan**
  Check for the north-east toilet or kitchen, south-west main door, north-east or centre staircase; our rules recommend no remedy, only moving or reusing the space.

Grades follow VastuScan's published Vastu rules. Vastu is traditional guidance; use it alongside a proper inspection.